

HUESCA CLINIC ID CAMP







CONTENIDO





METODOLOGÍA INTEGRAL Desarrollada para reforzar los valores deportivo-personal.



FOOTBALL IN HUESCA RESIDENCE PROGRAM

Programa integral de entrenamiento de fútbol y actividad educativa, desarrollado en nuestras instalaciones en la ciudad de Huesca, Aragón-España



PROGRAMA DE ENTRENAMIENTO

Personalizado y enfocado en potenciar cualidades en cada jugador.



FORMACIÓN EDUCATIVA

Acorde con los requisitos de cada participante, Educación formal o Coaching deportivo



STAFF INTERDISCIPLINARIO

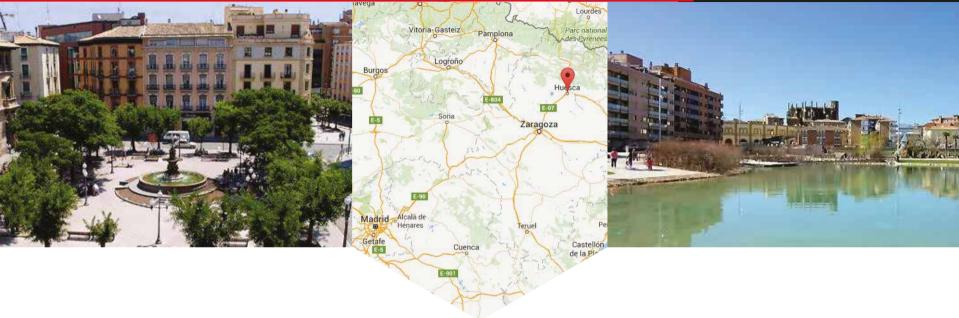
Personal profesional en áreas deportivas enfocados en el fútbol.





HUESCA/DESCRIPTION





Capital de la provincia de Huesca, también conocida como "la puerta de los Pirineos" cuya principal actividad es el comercio y el turismo. Huesca es una ciudad y municipio español, perteneciente a la comunidad autónoma de Aragón. Habitantes 55.000 aprox. Ciudad deportiva y estudiantil, con atractivos culturales y naturales en el casco urbano y alrededores.





ACADEMY RESIDENCE/SERVICES













LAUNDRY

SIMCARD



SPORT CHANNELS



CLEANING SERVICE ONCE A WEEK



TUTOR & SPANISH TEACHER







ACADEMY RESIDENCE/NUTRITION





BREAKFASTWill be providedLUNCHat the residenceDINNERcafeteria.

Specialized meals can and will be catered to players who need it





COACHES





All training sessions will be held by Coaches with UEFA coaching license. Many of our coaches have professional experience in the world of soccer.

Our philosophy is to guide the players instead of directing them to improve their decision making to adapt to different situations on the field. With practice & time they can recognize the situations and know what to do.





TRAINING





Training will begin each day with a dynamic warm-up added with technical work.

Then move on to various tasks ranging from positional rondos to possessional games, each modified to learn an aspect of the game. Then progress to small sided games and finishing





TRAINING/ CONDITIONAL TRAINING





Speed training that applies to the game for players to build speed, have quicker reactions, explosiveness, and to become agile soccer players.

TRAINING/GOALKEEPER TRAINING





Goalkeepers will received individualized high quality training sessions focused on quick reactions, technical concepts on shot stopping, standing up from the floor and using both feet. Also, goalkeepers will receive tactical sessions on the field and on the soccer board to learn how to organize their players depending where the ball is on the field and how to set up wall to stop free kicks.





SERVICES





VISA We provide help to get an European student visa TRANSPORT Transport will be provided since arrival to Huesca INSURANCE We will provide full health insurance







	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	23TH	24TH	25TH	26TH	27TH	28TH	29TH
Morning	PLAYERS ARRIVAL PICK UP CITY: BARCELONA	BREAKFAST 9:00 BARCELONA 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 GAME 9:30 - 11:00 POOL 11:30 - 13:00			
Afternoon	TRANFER TO HUESCA	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 FREE AFTERNOON
Evening	EVENING	EVENING	EVENING	EVENING	EVENING	EVENING	EVENING
	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY
	20:00	20:00	20:00	20:00	20:00	20:00	20:00
	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
	21:00	21:00	21:00	21:00	21:00	21:00	21:00
	GO TO BED	GO TO BED	GO TO BED	GO TO BED	GO TO BED	GO TO BED	GO TO BED
	22:00	22:00	22:00	22:00	22:00	22:00	22:00







	SUNDAY 1ST	MONDAY 2ND	TUESDAY 3RD	WEDNESDAY 4TH	THURSDAY 5TH	FRIDAY 6TH	SATURDAY 7TH
Morning	PLAYERS ARRIVAL	BREAKFAST 9:00 BARCELONA 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRAINING 9:30 - 11:00 POOL 11:30 - 13:00	BREAKFAST 9:00 TRANSFER TO BARCELONA AIRPORT
Afternoon	Luch in Jaca	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	LUNCH 14:00 GYM 17:00 TRAINING 19:00	
Evening	RETURN TO HUESCA 20:00 DINNER 21:00 GO TO BED 22:00	EVENING ACTIVITY 20:00 DINNER 21:00 GO TO BED 22:00					









5 players from 2018 ID Camp were selected for our Academy







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		Periode 2010/2017 Related 17 Advant 17100 Period 101
TEAMPLAYER		Recordinal Spanis Server Horizon







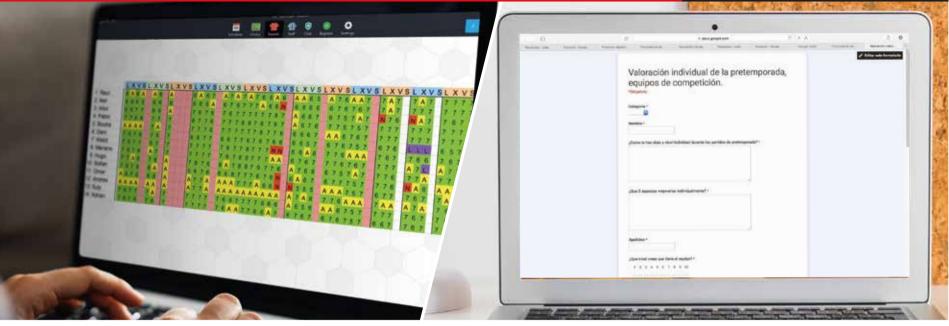
- All the sessions are shared online with the other coaches in a private club cloud.
- Players are constantly giving their feedback to the coaches after each match by using our tailor made software.
- Players are evaluated and controlled each day of training.





METODOLOGY





PLAYERS EVALUATION

PLAYERS FEEDBACK









OBJETIVOS DE APRENDIZAJE

EVALUACIÓN





EDUCATION/TECHNICAL & TACTICAL LESSONS





We will provide classes for players to gain UEFA Coaches Academy certificate* on technique and tactics. Class is provided by official UEFA Coaches instructor. *Not all players will receive certificate, must pass exams in order to receive certificate. Official coach academy Registration Number: 2201088





CONTACT US





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